

# Early Learning Goals

## *Foundation Stage September 2012*

*Dear Teacher,  
The activities listed are matched to some relevant Early Learning Goals (Foundation Stage) specific to the suggested activities in your Teacher's Lesson Plan.*

*Some of the activities include printable resources available on the DVD and are highlighted for your reference.*

*We hope you enjoy and welcome your feedback.  
Good luck!*

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## **SHARE THE NHS EXPLORER CHILDREN'S GUIDEBOOK**

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### **PSE - MAKING RELATIONSHIPS**

They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

### **PSE - SELF CONFIDENCE AND SELF AWARENESS**

They are confident to speak in a familiar group, will talk about their ideas.

### **PSE - MANAGING FEELINGS AND BEHAVIOUR.**

Children talk about how they and others show feelings, ... They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different to different situations.

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## INTRO ACTIVITY - WATCH THE VIDEO CLIPS

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### **PHYSICAL DEVELOPMENT – HEALTH AND SELF CARE**

Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe...

### **UNDERSTANDING THE WORLD – TECHNOLOGY**

Children recognise that a range of technology is used in places such as homes and schools.

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## HOW TO STAY HEALTHY AND FIT

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### **PSE - MAKING RELATIONSHIPS**

Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

### **PSE - SELF CONFIDENCE AND SELF AWARENESS**

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## **JUNGLE PICNIC - I went to the jungle and took...**

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## **CHILDREN'S OWN EXPERIENCES**

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### **UNDERSTANDING THE WORLD – PEOPLE AND COMMUNITIES**

Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.

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## HOW DOES IT FEEL TO BE POORLY? – List Poem

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Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different to different situations, and take changes of routine in their stride.

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## **SIGN YOUR NAME**

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## **MONKEY'S MISHAP – Never ending story**

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### **EXPRESSIVE ARTS AND DESIGN – BEING IMAGINATIVE**

Children ... represent their own ideas, thought and feelings through ... role-play and stories.

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## **NAMING PARTS OF THE BODY**

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### **PSE - SELF CONFIDENCE AND SELF AWARENESS**

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### **UNDERSTANDING THE WORLD – THE WORLD**

Children know about similarities and differences in relation to... living things

### **EXPRESSIVE ARTS AND DESIGN – EXPLORING AND USING MEDIA AND MATERIALS**

Children sing songs,...

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## **SORT FOODS INTO 5 FOOD GROUPS**

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Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe....

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## **HOW TO STAY HEALTHY AND FIT**

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**Other Ideas - TO PROMOTE ACTIVE LIFESTYLE FOR HOME AND SCHOOL**

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**Other Ideas - TO PROMOTE HEALTHY EATING AT HOME AND SCHOOL**

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## **COOKING**

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## **HOMEWORK**

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### **UNDERSTANDING THE WORLD – THE WORLD**

They make observations ... and explain why some things occur, and talk about changes.

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## **PE LESSON – Get your heart pumping**

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### **PSE - MANAGING FEELINGS AND BEHAVIOUR.**

Children ...talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different to different situations, and take changes of routine in their stride.

### **PHYSICAL DEVELOPMENT – HEALTH AND SELF CARE**

Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

### **PHYSICAL DEVELOPMENT – MOVING AND HANDLING**

Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

### **UNDERSTANDING THE WORLD – THE WORLD**

Children know about similarities and differences in relation to... living things... They make observations of animals ...explain why some things occur, and talk about changes.

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## **DANCE LESSON – Dance your way to fitness**

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### **EXPRESSIVE ARTS AND DESIGN – BEING IMAGINATIVE**

Children ... represent their own ideas, thought and feelings through... , music and dance, ...

### **EXPRESSIVE ARTS AND DESIGN – EXPLORING AND USING MEDIA AND MATERIALS**

Children sing songs, make music and dance, and experiment with ways of changing them.

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## **CREATE A PHOTO DISPLAY**

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### **PSE - MAKING RELATIONSHIPS**

Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity.

### **UNDERSTANDING THE WORLD – TECHNOLOGY**

Children recognise that a range of technology is used in places such as homes and schools. They select and use technology for particular purposes.

### **EXPRESSIVE ARTS AND DESIGN – BEING IMAGINATIVE**

Children use what they have learnt about media and materials in original ways, thinking about uses and purposes. They represent their own ideas, thought and feelings through design and technology, art, ...

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## **“READ ALL ABOUT IT!”**

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## **INTERVIEW A HEALTH CARE PROFESSIONAL**

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## CREATE A “MONKEY’S MISHAP” COMIC STRIP

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## WHAT'S HAPPENED TO YOU?

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## A PICTURE PAINTS A THOUSAND WORDS

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## **DOCTOR! DOCTOR! ROLE PLAY WITH MONKEY**

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## **SORTING SCENARIO CARDS**

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**PROMOTE AN ACTIVE LIFESTYLE  
PROMOTE HEALTHY EATING AT HOME  
HOMEWORK IN THE GARDEN**

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## **MAKE YOUR OWN FILM**

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