


Monkey's NHS Song - Music Lesson Ideas

	Year 1/2	Year 3/4	Year 5/6
Warm ups	<ul style="list-style-type: none"> Sing or play the chorus of Monkey: jump up when the pitch is high, sit down when low 	<p>Sing or play the rap section of Monkey: Clap the beat (pulse) in time</p>	<p>Sing or play verse(the one where the children join in on the recording) of Monkey. Clap the pulse/beat in time.</p>
Rhythm work	<ul style="list-style-type: none"> *Literacy Link* Use words 'Monkey' and 'nuts' to compose some rhythms Add movements eg. jog on 'monkey' jump on 'nuts' 	<p>Make your own 'veggie' (w)rap to tell people about the benefits of healthy food. *Literacy link* using the rhythms of healthy food words eg. apple, pear, satsuma and grapes, create patterns (see year 1/2 Monkey nuts example).</p>	<p>*MFL link* using words for healthy food in a different language make your own 'veggie' (w)rap to tell people about the benefits of healthy food.</p>
Melody work	<ul style="list-style-type: none"> If tuned percussion or instruments available add a melody to the rhythms using 'so' and 'mi' (notes G and E) 	<p>If instruments are available use do, mi, so (C, E, G) and add tunes to your rhythms to create ostinato (short, repeated patterns) and perform these with the healthy food raps</p>	<p>Use do, mi, so and staff notation to add a melody to your foreign language raps. Sing the lines and knit them together to create your own healthy eating song.</p>
Extension Work	<ul style="list-style-type: none"> Repeat the rhythm exercise using the names of healthy food such as apple, pear *Numeracy Link* Compose healthy 'sandwiches' using tunes to make ternary form pieces (bread+tune 1, filling=tune 2, bread=tune 1 again) 	<ul style="list-style-type: none"> *Numeracy Link* compose healthy 'sandwiches' using different ostinato tunes to make ternary form pieces Perform Monkey's rap with the ostinato patterns the children have composed 	<p>Allow plenty of time to practice the finished piece, perform it to the younger children and finish with a big Monkey sing-together!</p>

By Anna Gower